

<b>Case Number:</b>	CM14-0151389		
<b>Date Assigned:</b>	09/19/2014	<b>Date of Injury:</b>	07/15/2012
<b>Decision Date:</b>	10/20/2014	<b>UR Denial Date:</b>	09/08/2014
<b>Priority:</b>	Standard	<b>Application Received:</b>	09/16/2014

### HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The expert reviewer is Board Certified in Family Practice and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

### CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

47 yr. old female claimant sustained a work injury on 7/15/12 involving the neck and low back. She underwent a L5-S1 fusion and was additionally diagnosed with cervical strain. An exam note on 7/17/14 indicated the claimant had cervical/lumbar tenderness and reduced extension. She was recommended to continue home exercises, use oral analgesics and use a Jackson roll.

### IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

**Retrospective Jack Roll for Lumbar Spine Purchase:** Upheld

**Claims Administrator guideline:** Decision based on MTUS ACOEM Chapter 12 Low Back Complaints. Decision based on Non-MTUS Citation ODG Low Back (updated 08/22/14)  
Lumbar supports

**MAXIMUS guideline:** Decision based on MTUS ACOEM Chapter 12 Low Back Complaints  
Page(s): 300.

**Decision rationale:** A Jackson roll is a support pillow. According to the ACOEM guidelines, lumbar supports have not been shown to provide lasting benefit. In addition, the claimant's clinical response to the Jackson roll is unknown. The purchase of a Jackson roll is not medically necessary.