

Case Number:	CM14-0131407		
Date Assigned:	08/20/2014	Date of Injury:	07/02/2002
Decision Date:	09/26/2014	UR Denial Date:	08/12/2014
Priority:	Standard	Application Received:	08/18/2014

HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The expert reviewer is Board Certified in Occupational Medicine and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

According to the records made available for review, this is a 57-year-old female with a 7/2/02 date of injury. At the time (7/9/14) of request for authorization for Norco 10/325mg #150, there is documentation of subjective (low back pain radiating to left leg) and objective (loss of normal lumbar lordosis, decrease lumbar spine range of motion, tenderness over the lumbar paraspinal muscles, positive left straight leg raising test, and tenderness over the sacroiliac spine) findings, current diagnoses (post lumbar laminectomy syndrome, lumbar spine degenerative disc disease, low back pain, and lumbar disc displacement), and treatment to date (medications (including ongoing treatment with Norco since at least 5/1/08), acupuncture, and steroid injections). Medical report identifies that medications enable the patient to maintain activities of daily living and decrease pain. In addition, medical report identifies that there is ongoing opioid treatment assessment.

IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

Norco 10/325mg #150: Overturned

Claims Administrator guideline: Decision based on MTUS Chronic Pain Treatment Guidelines Opioids.

MAXIMUS guideline: Decision based on MTUS Chronic Pain Treatment Guidelines Opioids
Page(s): 74-80.

Decision rationale: The MTUS Chronic Pain Medical Treatment Guidelines necessitate documentation that the prescriptions are from a single practitioner and are taken as directed; the lowest possible dose is being prescribed; and there will be ongoing review and documentation of pain relief, functional status, appropriate medication use, and side effects, as criteria necessary to support the medical necessity of opioids. The MTUS-Definitions identifies that any treatment intervention should not be continued in the absence of functional benefit or improvement as a reduction in work restrictions; an increase in activity tolerance; and/or a reduction in the use of medications or medical services. Within the medical information available for review, there is documentation of diagnoses of cervical post lumbar laminectomy syndrome, lumbar spine degenerative disc disease, low back pain, and lumbar disc displacement. In addition, there is documentation of ongoing treatment with Norco. Furthermore, given documentation that there is ongoing opioid treatment assessment, there is documentation that the prescriptions are from a single practitioner and are taken as directed; the lowest possible dose is being prescribed; and there will be ongoing review and documentation of pain relief, functional status, appropriate medication use, and side effects. Lastly, given documentation that Norco enables the patient to maintain activities of daily living and decreases pain, there is documentation of functional benefit and improvement as an increase in activity tolerance as a result of Norco use to date. Therefore, based on guidelines and a review of the evidence, the request for Norco 10/325mg #150 is medically necessary.