

<b>Case Number:</b>	CM14-0117997		
<b>Date Assigned:</b>	08/06/2014	<b>Date of Injury:</b>	10/02/2012
<b>Decision Date:</b>	09/10/2014	<b>UR Denial Date:</b>	07/16/2014
<b>Priority:</b>	Standard	<b>Application Received:</b>	07/25/2014

### HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The expert reviewer is Board Certified in Orthopedic Surgery and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

### CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

The claimant is a 46 year old gentleman, injured in a work related accident on 10/02/12. Clinical records available for review indicate the claimant has recently undergone a 07/29/14 operative report to the right shoulder in the form of an arthroscopy debridement bicep tenodesis, subacromial decompression and rotator cuff repair. Prior to operative procedure, there is a request for "pre-operative labs". The specific labs were not documented. Review of claimant's past medical history fails to demonstrate any specific underlying comorbidity, medical diagnosis or clinical complaint. There is a request for pre-operative laboratory testing for this individual in relationship to his 07/29/14 surgical process.

### IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

**Pre-op labs:** Upheld

**Claims Administrator guideline:** The Claims Administrator did not base their decision on the MTUS. Decision based on Non-MTUS Citation American Society of Anesthesiologist-Selection and Timing of Preoperative Test.

**MAXIMUS guideline:** The Expert Reviewer did not base their decision on the MTUS. Decision based on Non-MTUS Citation ACOEM OMPG (Second Edition, 2004), Chapter 7 Independent Medical Examinations and Consultations, page 127.

**Decision rationale:** Based on California ACOEM Guidelines, preoperative testing in this case would not be indicated. While testing can be indicated for appropriate individuals with underlying comorbidities or medical issues, there is currently no documentation of past medical history or comorbid conditions in this otherwise healthy 46 year old gentleman. The request for "preoperative labs" that also does not demonstrate what specific lab testing has been requested therefore it is not medically necessary.