

<b>Case Number:</b>	CM14-0113046		
<b>Date Assigned:</b>	08/01/2014	<b>Date of Injury:</b>	10/19/2012
<b>Decision Date:</b>	10/08/2014	<b>UR Denial Date:</b>	06/20/2014
<b>Priority:</b>	Standard	<b>Application Received:</b>	07/21/2014

### HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The expert reviewer is Board Certified in Orthopedic Surgery, and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

### CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

The claimant is a 49-year-old female who sustained a vocational injury on October 19, 2012. The medical records provided for review document that the claimant underwent a left total knee arthroplasty on January 28, 2014. The office note dated April 7, 2014 documented diagnoses of medial meniscal tear and osteoarthritis of the knee. The X-rays of the left knee identified the total knee arthroplasty. Physical therapy was recommended. This request is for a knee wrap for rental of twenty-eight days.

### IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

**Knee Wrap - 28 Day Rental:** Upheld

**Claims Administrator guideline:** The Claims Administrator did not cite any medical evidence for its decision.

**MAXIMUS guideline:** The Expert Reviewer did not base their decision on the MTUS. Decision based on Non-MTUS Citation Official Disability Guidelines (ODG); Knee & Leg chapter: Game Ready accelerated recovery system and continuous-flow cryotherapy

**Decision rationale:** The California MTUS and ACOEM Guidelines do not provide criteria relevant to this request for a knee wrap for a Game Ready system. Based on the Official Disability Guidelines, the request for a 28 day rental of a knee wrap is not recommended as medically necessary. The knee wrap is used in conjunction with a continuous flow cryotherapy unit for compression called a Game ready system. The Official Disability Guidelines do not recommend the use of a Game ready system due to the lack of published high quality studies on the Game Ready device or any other combined system. Therefore, based on the Official Disability Guidelines, the request for 28 day rental of the knee wrap is not medically necessary.

**Game Ready - 28 Day Rental:** Upheld

**Claims Administrator guideline:** Decision based on MTUS ACOEM Chapter 13 Knee Complaints. Decision based on Non-MTUS Citation Official Disability Guidelines, Knee & Leg (updated 06/05/14): Game Ready accelerated recovery system, Continuous-flow cryotherapy

**MAXIMUS guideline:** Decision based on MTUS ACOEM Chapter 13 Knee Complaints Page(s): 339. Decision based on Non-MTUS Citation Official Disability Guidelines (ODG) Knee & Leg chapter: Game Ready accelerated recovery system and continuous-flow cryotherapy

**Decision rationale:** Based on the California ACOEM Guidelines and the Official Disability Guidelines, the request for a 28 day rental of a Game Ready Unit is not recommended as medically necessary. The California ACOEM Guidelines support application of ice packs at home for treatment of pain and swelling. The Official Disability Guidelines state that a Game Ready Unit is a continuous flow cryotherapy unit with compression and do not recommend the use of a Game ready system due to the lack of published high quality studies on the Game Ready device or any other combined compression system. Therefore, based on the ACOEM Guidelines and the Official Disability Guidelines, the request for 28 day rental of the Game Ready Unit is not medically necessary.