MAXIMUS Federal Services

Case Number:	CM14-0018586		
Date Assigned:	04/18/2014	Date of Injury:	11/19/2012
Decision Date:	08/07/2014	UR Denial Date:	01/27/2014
Priority:	Standard	Application Received:	02/13/2014

HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The expert reviewer is Board Certified in Psychiatry and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

The injured worker is a 41 year old male with date of injury 11/19/2012. Date of the UR decision was 1/27/2014. Mechanism of injury was a 60 feet fall from a windmill which resulted in L1 compression fracture, s/p surgical fixation of right radial shaft and bilateral ankle fractures. He developed psychological symtpoms secondary to the physical trauma. Progress Report dated 12/19/2013 listed the diagnosis of Post Traumatic Stress Disorder, chronic; Major Depressive Disorder, single episode, moderate and paranoid personality features. It was suggested that he had been receiving weekly individual psychotherapy but there is no information regarding the total number of sessions completed so far. He started receiving Psychological treatment since April 2013 per the report.The injured worker is a 41 year old male with date of injury 11/19/2012. Date of the UR decision was 1/27/2014. Mechanism of injury was a 60 feet fall from a windmill which resulted in L1 compression fracture, s/p surgical fixation of right radial shaft and bilateral ankle fractures. He developed psychological symtpoms secondary to the physical trauma. Progress Report dated 12/19/2013 listed the diagnosis of Post Traumatic Stress Disorder, chronic; Major Depressive Disorder, single episode, moderate and paranoid personality features. It was suggested that he had been receiving weekly individual psychotherapy but there is no information regarding the total number of sessions completed so far. He started receiving Psychological treatment since April 2013 per the report.

IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

Individual Psychotherapy: Upheld

Claims Administrator guideline: Decision based on MTUS Chronic Pain Treatment Guidelines Mental Illness And Stress.

MAXIMUS guideline: The Expert Reviewer did not base their decision on the MTUS. Decision based on Non-MTUS Citation Official Disability Guidelines (ODG) Mental and Stress, Cognitive therapy for PTSD.

Decision rationale: The injured worker is a 41 year old male who inflicted multiple physical injuries secondary to an industrial injury in which he fell 60 feet from a windmill. Progress Report dated 12/19/2013 listed the diagnosis of Post Traumatic Stress Disorder, chronic; Major Depressive Disorder, single episode, moderate and paranoid personality features. It was suggested that he had been receiving weekly individual psychotherapy but there is no information regarding the total number of sessions completed so far. He started receiving Psychological treatment since April 2013 per the report. It is also unknown as to how many sessions he has completed so far, as he has been in treatment since 4/2013. The request for individual therapy, unspecificied number of sessions is not medically necessary.