

<b>Case Number:</b>	CM14-0010066		
<b>Date Assigned:</b>	03/05/2014	<b>Date of Injury:</b>	09/19/2012
<b>Decision Date:</b>	05/28/2014	<b>UR Denial Date:</b>	01/07/2014
<b>Priority:</b>	Standard	<b>Application Received:</b>	01/24/2014

### HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The expert reviewer is Board Certified in Internal Medicine and is licensed to practice in New Year. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations

### CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

The patient is a 61 year old male with a date of injury on 09/19/2012. She injured her low back and left wrist in 2009 and again in 2010. In 2013 she was diagnosed with lumbar spine and left wrist sprain/strain. The request was for pain management consultation in 04/2013. On 04/09/2013 there was a review of the records and there was no mention of a date of injury on 09/19/2012.

### IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

**REFERRAL TO PAIN MANAGEMENT SPECIALIST:** Upheld

**Claims Administrator guideline:** The Claims Administrator did not base their decision on the MTUS. Decision based on Non-MTUS Citation American College Of Occupational And Environment Medicine (ACOEM), Consultation , Page 127

**MAXIMUS guideline:** The Expert Reviewer did not base their decision on the MTUS. Decision based on Non-MTUS Citation American College Of Occupational And Environment Medicine (ACOEM), Consultation , Page 127

**Decision rationale:** As noted in the previous review MTUS ACOEM considers consultations appropriate but the exact reason for the consultation and the issues to be addressed must be documented. The consultant is asked to answer or manage a certain problem/condition. None of

this was documented. The mechanism of injury and the result of the injury on 09/19/2012 was not documented. There is insufficient documentation provided to substantiate the medical necessity of a pain management consultation.