

Case Number:	CM14-0010040		
Date Assigned:	02/21/2014	Date of Injury:	11/20/2007
Decision Date:	06/25/2014	UR Denial Date:	01/06/2014
Priority:	Standard	Application Received:	01/24/2014

HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The expert reviewer is Board Certified in Internal Medicine and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

Sentra PM is a medical food with naturally occurring ingredients typically utilized to address sleep issues. There is no indication of any nutritional deficit for this injured worker that would be addressed with Sentra PM. According to Official Disability Guidelines (ODG), medical foods can be utilized in the treatment of specific nutritional deficits that are contributing to clinical conditions. In this case, there is an insufficient rationale for the use of a medical food as outlined by Official Disability Guidelines (ODG). Therefore, the request is not medically necessary and appropriate.

IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

SENTRA AM #60: Upheld

Claims Administrator guideline: The Claims Administrator did not cite any medical evidence for its decision.

MAXIMUS guideline: The Expert Reviewer did not base their decision on the MTUS. Decision based on Non-MTUS Citation Official Disability Guidelines (ODG) Pain Chapter, Medical Food

Decision rationale: Sentra AM is a medical food with naturally occurring ingredients typically utilized to address sleep issues. There is no indication of any nutritional deficit for this injured

worker that would be addressed with Sentra AM. According to Official Disability Guidelines (ODG), medical foods can be utilized in the treatment of specific nutritional deficits that are contributing to clinical conditions. In this case, there is an insufficient rationale for the use of a medical food as outlined by Official Disability Guidelines (ODG). Therefore, the request is not medically necessary and appropriate.

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