

Case Number:	CM14-0102077		
Date Assigned:	09/16/2014	Date of Injury:	07/09/2013
Decision Date:	10/06/2014	UR Denial Date:	06/25/2014
Priority:	Standard	Application Received:	07/02/2014

HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The expert reviewer is Board Certified in Occupational Medicine and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

This patient is a 52 y/o female who injured her shoulder on 7/9/13. Surgical intervention is requested for a persistent impingement/rotator cuff syndrome. Post operative Keflex 500mg 4x's a day for 5 days is also requested. There is no history of recurrent skin infections, immune disorders, or spleen removal.

IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

Keflex 500mg, one capsule four times daily for five days, #20.: Upheld

Claims Administrator guideline: The Claims Administrator did not base their decision on the MTUS. Decision based on Non-MTUS Citation Official Disability Guidelines: Infectious Disease: Keflex

MAXIMUS guideline: The Expert Reviewer did not base their decision on the MTUS. Decision based on Non-MTUS Citation Other Medical Treatment Guideline or Medical Evidence: <http://www.aaos.org/about/papers/advistmt/1027.asp>
<http://www.aafp.org/afp/1998/0601/p2731.html>

Decision rationale: MTUS Guidelines do not address the issue of post operative antibiotic use. Other professional societies and Guidelines do address this issue. Even though interoperative antibiotics are recommended, postoperative antibiotics are not recommended. The Guidelines

point out that routine postoperative use does not prevent infections and leads to more antibiotic resistance. There are no unusual circumstances to justify an exception to Guidelines. The Keflex 500mg. #20 is not medically necessary.