

Case Number:	CM14-0008774		
Date Assigned:	02/12/2014	Date of Injury:	12/01/2004
Decision Date:	06/24/2014	UR Denial Date:	01/16/2014
Priority:	Standard	Application Received:	01/22/2014

HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The expert reviewer is Board Certified in Psychiatry and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

The patient is a 49 year old male with date of injury 12/01/2004. The date of UR decision was 1/14/2014. The patient suffered chronic back, neck and upper extremity pain secondary to MVA in which he was rear ended. PR from 12/13/2013 suggested that patient is very distraught, despondent and upset because of non approval of medications. The medications being prescribed at that visit were Viibryd 20 mg, Lamictal 50 mg bid, Seroquel XR 150 mg qhs, Cialis 20 mg on prn basis for sexual side effects caused by psychotropic medications that he is taking for his industrial injury.

IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

CIALIS 20 MG #15 FOR MAJOR DEPRESSIVE DISORDER: Overturned

Claims Administrator guideline: The Claims Administrator did not base their decision on the MTUS. Decision based on Non-MTUS Citation Physicians' Desk Reference (PDR), 67th Edition, 2013, Cialis (<http://www.pdr.net/drug-summary/cialis?druglabelid=2262>).

MAXIMUS guideline: The Expert Reviewer did not base their decision on the MTUS. Decision based on Non-MTUS Citation Tadalafil For Treatment of Erectile Dysfunction In Men On Antidepressants. Strategies For Managing Sexual Dysfunction Induced By Antide.

Decision rationale: Cialis drug, first intended for the treatment of erectile dysfunction (ED), received US FDA approval in 2011 for another two indications for the treatment of benign prostatic hyperplasia (BPH), and BPH and ED together. The injured worker has been experiencing sexual side effects with psychotropic medications and is being prescribed Cialis prn for the same per report from 12/13/2013. According to the article "Strategies for managing sexual dysfunction induced by antidepressant medication" For men with antidepressant-induced erectile dysfunction, the addition of Sildenafil or Tadalafil appears to be an effective strategy. For women with antidepressant-induced sexual dysfunction the addition of Bupropion at higher doses appears to be the most promising approach studied so far. The various research studies show efficacy of Cialis in treatment of sexual dysfunction caused by various antidepressants. Thus, the prescription of Cialis 20 mg #15 is medically necessary at this time.