

Case Number:	CM14-0004734		
Date Assigned:	01/22/2014	Date of Injury:	01/23/1997
Decision Date:	05/16/2014	UR Denial Date:	12/16/2013
Priority:	Standard	Application Received:	01/10/2014

HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The expert reviewer is Board Certified in Occupational Medicine and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

According to the records made available for review, this is a 62-year-old male with a 1/23/97 date of injury. At the time (9/4/13) of request for authorization for 1 Platelet-Rich Plasma injection, there is documentation of subjective (right shoulder pain) and objective (positive impingement sign and limited range of motion) findings, current diagnoses (recurrent rotator cuff tear of the right shoulder), and treatment to date (steroid injection, physical therapy, and medications).

IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

1 PLATELET-RICH PLASMA INJECTION: Upheld

Claims Administrator guideline: The Claims Administrator did not base their decision on the MTUS. Decision based on Non-MTUS Citation Official Disability Guidelines (ODG) Shoulder, Platelet-rich plasma (PRP).

MAXIMUS guideline: The Expert Reviewer did not base their decision on the MTUS. Decision based on Non-MTUS Citation Official Disability Guidelines (ODG) Shoulder, Platelet-rich plasma (PRP).

Decision rationale: MTUS does not address the issue. ODG identifies that platelet-rich plasma (PRP) as under study and that there is no science behind it yet. Therefore, based on guidelines

and a review of the evidence, the request for 1 Platelet-Rich Plasma injection is not medically necessary.