

<b>Case Number:</b>	CM13-0064421		
<b>Date Assigned:</b>	01/03/2014	<b>Date of Injury:</b>	08/13/2011
<b>Decision Date:</b>	10/24/2014	<b>UR Denial Date:</b>	11/27/2013
<b>Priority:</b>	Standard	<b>Application Received:</b>	12/11/2013

### HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The expert reviewer is Board Certified in Physical Medicine and Rehabilitation, and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

### CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

According to the records made available for review, this is a 55-year-old male with an 8/13/11 date of injury. At the time (11/27/13) of the Decision for Remeron 7.5MG #30, there is documentation of subjective (back and left ankle pain) and objective (restricted range of motion with tenderness and spasm over the back) findings, current diagnoses (lumbar sprain/strain, thoracic or lumbosacral neuritis/radiculitis, and closed fracture of foot bone), and treatment to date (TENS unit, injections, and medications (including ongoing treatment with Zoloft and Remeron)). There is no documentation of depression; and functional benefit or improvement as a reduction in work restrictions; an increase in activity tolerance; and/or a reduction in the use of medications as result of Remeron use to date.

### IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

**REMERON 7.5MG #30:** Upheld

**Claims Administrator guideline:** The Claims Administrator did not base their decision on the MTUS. Decision based on Non-MTUS Citation MTUS: Chronic Pain Medical Treatment Guidelines, ,

**MAXIMUS guideline:** Decision based on MTUS Chronic Pain Treatment Guidelines Antidepressants for chronic pain Page(s): 13-14. Decision based on Non-MTUS Citation Official Disability Guidelines (ODG) Mental Illness and Stress Chapter, Antidepressants Other

Medical Treatment Guideline or Medical Evidence: Title 8, California Code of Regulations, section 9792.20

**Decision rationale:** MTUS Chronic Pain Medical Treatment Guidelines identifies documentation of chronic pain, as criteria necessary to support the medical necessity of antidepressants. MTUS-Definitions identifies that any treatment intervention should not be continued in the absence of functional benefit or improvement as a reduction in work restrictions; an increase in activity tolerance; and/or a reduction in the use of medications or medical services. ODG identifies documentation of depression, as criteria necessary to support the medical necessity of antidepressants. Within the medical information available for review, there is documentation of diagnoses of lumbar sprain/strain, thoracic or lumbosacral neuritis/radiculitis, and closed fracture of foot bone. In addition, there is documentation of ongoing treatment with Remeron. Furthermore, given documentation of pain and an 8/13/11 date of injury, there is documentation of chronic pain. However, there is no documentation of depression. In addition, there is no documentation of functional benefit or improvement as a reduction in work restrictions; an increase in activity tolerance; and/or a reduction in the use of medications as result of Remeron use to date. Therefore, based on guidelines and a review of the evidence, the request for Remeron 7.5MG #30 is not medically necessary.