

Case Number:	CM13-0056227		
Date Assigned:	12/30/2013	Date of Injury:	01/20/2000
Decision Date:	03/28/2014	UR Denial Date:	11/18/2013
Priority:	Standard	Application Received:	11/22/2013

HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to a physician reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The physician reviewer is Board Certified in Internal Medicine and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The physician reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

This is a 65 year old male status post injury 1/20/00. The diagnoses include ulcerative colitis, diabetes mellitus, and hypertension. The most recent medical report available for review (PR-2, 10/29/13, ██████████) reported the patient's subjective complaints as being diarrhea once every 2 weeks, 1-2 watery bowel movements. The objective findings included history of hypertension. The treatments received have included medication and request for laboratory studies.

IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

Blood work once every six months: Upheld

Claims Administrator guideline: The Claims Administrator did not cite any medical evidence for its decision.

MAXIMUS guideline: The Expert Reviewer did not base their decision on the MTUS. Decision based on Non-MTUS Citation National Library of Medicine

Decision rationale: The records reviewed from the provider do not support the laboratory studies. The provider in the case had included in the PR-2 patient diagnoses of hypertension, diabetes mellitus and ulcerative colitis, but the records does not indicate that there were either a change in management, or an indication for the laboratory studies. The physical exam was

unremarkable. Therefore based on the records there is not an indication of the laboratory studies every 6 months