

Case Number:	CM13-0054922		
Date Assigned:	03/03/2014	Date of Injury:	04/05/2006
Decision Date:	05/08/2014	UR Denial Date:	11/11/2013
Priority:	Standard	Application Received:	11/20/2013

HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The expert reviewer is Board Certified in Preventative Medicine and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

According to the records made available for review, this is a 42-year-old male with a 4/5/06 date of injury. At the time (11/5/13) of the request for authorization for Viagra 50mg, there is documentation of subjective findings (not doing very well) and objective findings (anxious, distraught and despondent, very nervous and fidgety, and irritable). The current diagnosis includes major depressive disorder, and the treatment to date includes Viagra for sexual side effects caused by Zoloft, which seems to be helping.

IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

VIAGRA 50MG: Overturned

Claims Administrator guideline: The Claims Administrator did not base their decision on the MTUS. Decision based on Non-MTUS Citation [HTTP://WWW.PDR.NET/DRUG-SUMMARY/VIAGRA?DRUGLABELID=471](http://www.pdr.net/drug-summary/viagra?druglabelid=471).

MAXIMUS guideline: The Expert Reviewer did not base their decision on the MTUS. Decision based on Non-MTUS Citation ([HTTP://WWW.DRUGS.COM/PRO/VIAGRA.HTML](http://www.drugs.com/pro/viagra.html)).

Decision rationale: The Medical Treatment Guideline identifies that Viagra is recommended for the treatment of erectile dysfunction. Within the medical information available for review, there is documentation of the diagnosis of major depressive disorder. In addition, there is

documentation of sexual side effects caused by Zoloft. Therefore, based on guidelines and a review of the evidence, the request for Viagra 50mg is medically necessary.