

<b>Case Number:</b>	CM13-0054486		
<b>Date Assigned:</b>	12/30/2013	<b>Date of Injury:</b>	07/15/2010
<b>Decision Date:</b>	03/21/2014	<b>UR Denial Date:</b>	12/09/2013
<b>Priority:</b>	Standard	<b>Application Received:</b>	11/19/2013

### HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to a physician reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The physician reviewer is Board Certified in Occupational Medicine, and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The physician reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

### CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

The applicant is a [REDACTED] employee who has filed a claim for carpal tunnel syndrome associated with cumulative trauma at work. Thus far, the applicant has been treated with analgesic medications, psychological counseling, and extensive periods of time off of work. An October 30, 2013 psychiatric medical-legal evaluation notes that the applicant has a 25-pack-year history of smoking. It is further noted that the applicant underwent a right carpal tunnel release surgery on September 14, 2011.

### IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

**retrospective request for a one-day rental of an intermittent limb compression device (9/14/11): Upheld**

**Claims Administrator guideline:** The Claims Administrator did not base their decision on the MTUS. Decision based on Non-MTUS Citation Jt Comm J Qualk Patient Saf. 2011 Apr;37(4):178-83. Venous thromboembolism prophylaxis in surgical patients: identifying a patient group to maximize performance improvement. Weigelt JA, Lal A, Riska R

**MAXIMUS guideline:** The Expert Reviewer did not base their decision on the MTUS. Decision based on Non-MTUS Citation British Society for Surgery of the Hand (BSSH) VTE guidelines

**Decision rationale:** The MTUS does not address the topic at hand, so other guidelines were consulted. As noted by the British Society for Surgery of the Hand (BSSH), upper limb procedures performed under general anesthesia at less than 90 minutes' duration in individuals with risk factors do not require deep vein thrombosis (DVT) prophylaxis. In this case, the applicant did not have any known risk factors for DVT, such as prior thrombophilias, evidence of active cancer, obesity, a personal history of a venous thromboembolism, the use of contraceptives, and/or being over 60 years of age. Therefore, the request is retrospectively noncertified.