

Case Number:	CM13-0051283		
Date Assigned:	01/03/2014	Date of Injury:	03/10/2012
Decision Date:	05/16/2014	UR Denial Date:	11/13/2013
Priority:	Standard	Application Received:	11/14/2013

HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The expert reviewer is Board Certified in Physical Medicine and Rehabilitation, has a subspecialty in Pain Medicine and is licensed to practice in New York, New Jersey, and Connecticut. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

The patient is a 53 year old was injured on 03/10/12 and complains of right shoulder pain. The claimant has undergone physical therapy; x-ray and MRI as well as right shoulder arthroscopy. Injury was ICD code 718.91 and V45.89.

IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

TENS UNIT FOR RENTAL OR PURCHASE AND 2 MONTHS OF SUPPLIES: Upheld

Claims Administrator guideline: Decision based on MTUS Chronic Pain Treatment Guidelines.

MAXIMUS guideline: Decision based on MTUS Chronic Pain Treatment Guidelines TENS Page(s): 114.

Decision rationale: There is a request for TENS unit. I agree with the reviewer regarding lack of medical necessity and no need for it to be certified. The TENS unit have questionable utility and claimant had a course of physical therapy. The body parts involved are pertaining to the right shoulder. There was no indication or benefit from TENS unit.