

<b>Case Number:</b>	CM13-0051243		
<b>Date Assigned:</b>	06/30/2014	<b>Date of Injury:</b>	06/27/2008
<b>Decision Date:</b>	11/06/2014	<b>UR Denial Date:</b>	09/24/2013
<b>Priority:</b>	Standard	<b>Application Received:</b>	10/04/2013

### HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The expert reviewer is Board Certified in Psychiatry and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

### CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

Injured worker is a 42 year old male with date of injury 6/27/2008. He encountered a back injury status post raking rocks prior to pouring concrete while performing his work duties. He was diagnosed with lumbar disc disease with radiculopathy. Report dated 2/11/2013 indicated that the injured worker was being prescribed Zyprexa, Trazodone, Klonopin, Seroquel, Norco, Oxycontin, Gabapentin, Soma and Protonix. Report dated 4/11/2013 stated that the injured worker reported that he used to be on Zyprexa in the past for his mood and anger problems. Report dated 5/17/2013 indicated that Zyprexa 5 mg twice daily as needed was initiated by the treating provider for "anger and significant anxiety". Report dated 9/5/2013 suggested that he reported pain level as an 8/10. It also stated that Zyprexa was being prescribed for anger problems.

### IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

**Zyprexa 5mg:** Upheld

**Claims Administrator guideline:** The Claims Administrator did not base their decision on the MTUS. Decision based on Non-MTUS Citation National Library of Medicine

**MAXIMUS guideline:** The Expert Reviewer did not base their decision on the MTUS. Decision based on Non-MTUS Citation Official Disability Guidelines (ODG), Stress & Mental, Quetiapine (Seroquel)

**Decision rationale:** ODG states "Zyprexa is not recommended as a first-line treatment. There is insufficient evidence to recommend atypical antipsychotics (e.g., Quetiapine, Risperidone) for conditions covered in ODG. Antipsychotic drugs are commonly prescribed off-label for a number of disorders outside of their FDA-approved indications, schizophrenia and bipolar disorder. In a new study funded by the National Institute of Mental Health, four of the antipsychotics most commonly prescribed off label for use in patients over 40 were found to lack both safety and effectiveness. The four atypical antipsychotics were Aripiprazole (Abilify), Olanzapine (Zyprexa), Quetiapine (Seroquel), and Risperidone (Risperdal). The authors concluded that off-label use of these drugs in people over 40 should be short-term, and undertaken with caution." Upon review of the submitted documentation, it is suggested that Zyprexa is being prescribed for the injured worker for anger and anxiety issues which is an off label use. Atypical Antipsychotics are not recommended for long term use without proper indication or without proper monitoring. The request for Zyprexa 5mg, unspecified quantity is not medically necessary.