

Case Number:	CM13-0048274		
Date Assigned:	12/27/2013	Date of Injury:	07/20/2012
Decision Date:	03/11/2014	UR Denial Date:	10/28/2013
Priority:	Standard	Application Received:	11/05/2013

HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to a physician reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The physician reviewer is Board Certified in Pain Management and Rehabilitation, and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The physician reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

This patient sustained an injury on 7/20/12 while employed by [REDACTED] Report of 2/14/13 from [REDACTED] noted patient with right ankle pain. Exam showed right ankle Achilles tendon swelling with painful nodule. Diagnosis was probable Achilles tendinitis with probable partial rupture. [REDACTED] requested a psychological consultation due to the patient's stress and depression.

IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

Initial Psychological Consultation Office Visit: Upheld

Claims Administrator guideline: The Claims Administrator did not cite any medical evidence for its decision.

MAXIMUS guideline: Decision based on MTUS ACOEM Chapter 15 Stress Related Conditions Page(s): 398.

Decision rationale: Guidelines states that it recognizes that the primary care physician and other non-psychological specialists commonly deal with and try to treat psychiatric conditions. It is recommended that serious conditions such as severe depression and schizophrenia be referred to a specialist; however, this has not been demonstrated here. Exam and diagnosis noted issues for right ankle. Submitted reports have not clearly defined psychological issues documented on

clinical examination or specific diagnosis to support for a psychiatric consultation for this injury of 7/20/2012. The Initial Psychological Consultation-Office visit is not medically necessary and appropriate.