

Case Number:	CM13-0042436		
Date Assigned:	01/29/2014	Date of Injury:	03/26/1999
Decision Date:	04/23/2014	UR Denial Date:	10/07/2013
Priority:	Standard	Application Received:	10/17/2013

HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The expert reviewer is Board Certified in Internal Medicine, and is licensed to practice in New York. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

The patient is a male with a date of injury on 03/26/1999. The mechanism of injury was not provided. In 2004, he had a rear end motor vehicle accident and he had a low back injury. He had not worked since his MVA, 10 years ago. In June of 2013 he was at a car wash, fell and fractured his left ankle. On 09/19/2013 he had back pain and neck pain. He was 5'7" tall and weighed 221 pounds.

IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

LINDORA WEIGHT LOSS FOLLOW UP: Upheld

Claims Administrator guideline: Decision based on MTUS ACOEM.

MAXIMUS guideline: Decision based on MTUS ACOEM Chapter 12 Low Back Complaints.

Decision rationale: MTUS ACOEM Chapter 12, Low Back Complaints, does not recommended a weight loss program as part of treatment for low back injuries. Furthermore, there is no guideline that recommends a specific weight loss program as requested.