

<b>Case Number:</b>	CM13-0041720		
<b>Date Assigned:</b>	12/20/2013	<b>Date of Injury:</b>	03/15/2011
<b>Decision Date:</b>	02/28/2014	<b>UR Denial Date:</b>	09/24/2013
<b>Priority:</b>	Standard	<b>Application Received:</b>	10/30/2013

### HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to a physician reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The physician reviewer is Board Certified in Internal Medicine and is licensed to practice in New York. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The physician reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

### CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

The pt is a 55 year old male with a h/o injury 3/15/11. His diagnoses include GI reflux, degenerative disc disease, deep venous thrombosis 6/12, and hypertension. On 6/13, his blood pressure was 146/91. On a 9/23/13 visit to MD, he c/o lower back pain and chest discomfort when getting up quickly. A requested cardiac w/u was denied by UR on 9/23/13. This was appealed on 10/23/13.

### IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

**Cardiac evaluation:** Overturned

**Claims Administrator guideline:** Decision based on MTUS ACOEM.

**MAXIMUS guideline:** The Expert Reviewer did not base their decision on the MTUS. Decision based on Non-MTUS Citation Cecils textbook of med 24th ed. Ch.50 pg. 246-258.

**Decision rationale:** Risk factors for cardiovascular disease that this pt has include age over 55 hypertension, dyslipidemia and obesity. He also appears to have new-onset atypical chest discomfort, and has a history of DVT. It seems reasonable to have a cardiac w/u at this time.