

<b>Case Number:</b>	CM13-0031023		
<b>Date Assigned:</b>	12/13/2013	<b>Date of Injury:</b>	09/14/2012
<b>Decision Date:</b>	04/28/2014	<b>UR Denial Date:</b>	09/17/2013
<b>Priority:</b>	Standard	<b>Application Received:</b>	10/02/2013

### HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to an expert reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The expert reviewer is Board Certified in Physical Medicine & Rehabilitation and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The expert reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/she is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

### CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

This female sustained an injury on 9/14/12 while employed by [REDACTED] Corporation. Request under consideration include RETROSPECTIVE REQUEST FOR URINE TOXICOLOGY ADMINISTERED ON 8/13/13. Report of 8/13/13 from the provider noted patient complained of severe right shoulder pain; constant chronic lumbar pain with numbness and tingling radiating to lower legs. There were no objective findings documented. Plan was for EMG/NCV; PT and acupuncture 2x6; toxicology; prescription for Capsaicin/Flurbiprofen cream; Flurbiprofen/Tramadol cream; naproxen; flexeril; omeprazole. The patient remained TTD for diagnoses of right shoulder strain/sprain/osteoarthritis; infraspinatus sprain/ strain; lumbar sprain/strain; and right upper extremity radiculitis. The request was non-certified on 9/17/13 citing guidelines criteria and lack of medication necessity.

### IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

#### **RETROSPECTIVE REQUEST FOR URINE TOXICOLOGY ADMINISTERED ON 8/13/13: Upheld**

**Claims Administrator guideline:** Decision based on MTUS Chronic Pain Treatment Guidelines OPIOIDS. Page(s): 77-80 94.

**MAXIMUS guideline:** Decision based on MTUS Chronic Pain Treatment Guidelines DRUG TESTING. Page(s): 43.

**Decision rationale:** This female sustained an injury on 9/14/12 while employed by [REDACTED] Corporation. Request under consideration include RETROSPECTIVE REQUEST FOR URINE TOXICOLOGY ADMINISTERED ON 8/13/13. Report of 8/13/13 from the provider noted patient complained of severe right shoulder pain; constant chronic lumbar pain with numbness and tingling radiating to lower legs. There were no objective findings documented. Plan was for EMG/NCV; PT and acupuncture 2x6; toxicology; prescription for Capsaicin/Flurbiprofen cream; Flurbiprofen/Tramadol cream; naproxen; flexeril; omeprazole. The patient remained TTD for diagnoses of right shoulder strain/sprain/osteoarthritis; infraspinatus sprain/ strain; lumbar sprain/strain; and right upper extremity radiculitis. MTUS Guidelines, urine drug screening is recommended as an option before a therapeutic trial of opioids and for on-going management to differentiate issues of abuse, addiction, misuse, or poor pain control; none of which apply to this patient who has been prescribed long-term opioid this chronic 2012 injury. The patient has been P&S and is not working. Presented medical reports from the provider have unchanged chronic severe pain symptoms with unchanged clinical findings of restricted range and tenderness without acute new deficits or red-flag condition changes. Treatment plan remains unchanged with continued medication refills without change in dosing or prescription for chronic pain. There is no report of aberrant behaviors, illicit drug use, and report of acute injury or change in clinical findings or risk factors to support frequent UDS. Documented abuse, misuse, poor pain control, history of unexpected positive results for a non-prescribed scheduled drug or illicit drug or history of negative results for prescribed medications may warrant UDS and place the patient in a higher risk level; however, none are provided. The RETROSPECTIVE REQUEST FOR URINE TOXICOLOGY ADMINISTERED ON 8/13/13 is not medically necessary and appropriate.