

<b>Case Number:</b>	CM13-0027358		
<b>Date Assigned:</b>	11/22/2013	<b>Date of Injury:</b>	10/17/2008
<b>Decision Date:</b>	01/23/2014	<b>UR Denial Date:</b>	08/29/2013
<b>Priority:</b>	Standard	<b>Application Received:</b>	09/20/2013

### HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to a physician reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The physician reviewer is Board Certified in Orthopedic Surgery and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The physician reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services.

### CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

The patient was injured years ago and has had two subsequent arthroscopic surgical procedures to his left knee. While the medical record documents ongoing left knee complaints, there are minimal physical findings documented in the reports and no documentation of a recent MRI after his 2010 most recent arthroscopy to document a new meniscal tear or other new intraarticular or anatomic abnormality.

### IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

**Left knee arthroscopy:** Upheld

**Claims Administrator guideline:** Decision based on MTUS ACOEM Page(s): 1021-1022.

**MAXIMUS guideline:** Decision based on MTUS ACOEM Chapter 13 Knee Complaints Page(s): 343-345.

**Decision rationale:** The requested left knee arthroscopy is not medically necessary based on review of the medical records. The patient has had two subsequent arthroscopic surgical procedures to his left knee and the records lack documentation of any recent imaging and the physical examination findings were minimally documented. Guidelines are reviewed and without evidence of a new MRI abnormality which might correlate with his complaints, then there is no medical necessity for the requested surgical intervention.