

Case Number:	CM13-0011191		
Date Assigned:	09/19/2014	Date of Injury:	05/30/2013
Decision Date:	01/15/2014	UR Denial Date:	07/24/2013
Priority:	Standard	Application Received:	08/14/2013

HOW THE IMR FINAL DETERMINATION WAS MADE

MAXIMUS Federal Services sent the complete case file to a physician reviewer. He/she has no affiliation with the employer, employee, providers or the claims administrator. The physician reviewer is Licensed in Chiropractic, and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The physician reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and disputed items/services. He/She is familiar with governing laws and regulations, including the strength of evidence hierarchy that applies to Independent Medical Review determinations.

CLINICAL CASE SUMMARY

The expert reviewer developed the following clinical case summary based on a review of the case file, including all medical records:

According to the available medical records, this is a 49 year old female patient with low back and left knee pain after a motor vehicle accident on 05/30/2013. Previous treatments include medication, knee brace, physical therapy, home exercise program, and patient is on modified work. Doctor's first report of injury on 05/30/2013 dictated by [REDACTED], PA-C revealed normal left knee examination. ❧❧

IMR ISSUES, DECISIONS AND RATIONALES

The Final Determination was based on decisions for the disputed items/services set forth below:

6 Chiropractic Manipulation visits for the left lower leg, 3 times a week for 2 weeks, as an outpatient: Upheld

Claims Administrator guideline: The Claims Administrator did not cite any medical evidence for its decision.

MAXIMUS guideline: Decision based on MTUS ACOEM Chapter 13 Knee Complaints Page(s): 339.

Decision rationale: The guidelines cited indicate that manipulation does not appear to be effective in alleviating knee pain. According to the available medical records, this employee's knee pain does not require chiropractic manipulation visits. The request for 6 chiropractic

manipulation visits for the left lower leg, 3 times a week for 2 weeks as an outpatient is not medically necessary and appropriate.