

**MAXIMUS FEDERAL SERVICES, INC.**

Independent Medical Review

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**Notice of Independent Medical Review Determination**

Dated: 10/21/2013

[REDACTED]

[REDACTED]

Employee:	[REDACTED]
Claim Number:	[REDACTED]
Date of UR Decision:	7/14/2013
Date of Injury:	8/1/2003
IMR Application Received:	7/31/2013
MAXIMUS Case Number:	CM13-0005082

- 1) MAXIMUS Federal Services, Inc. has determined the retrospective request for one (1) prescription of Neurontin 100mg #90 **is medically necessary and appropriate.**

## INDEPENDENT MEDICAL REVIEW DECISION AND RATIONALE

An application for Independent Medical Review was filed on 7/31/2013 disputing the Utilization Review Denial dated 7/14/2013. A Notice of Assignment and Request for Information was provided to the above parties on 8/2/2013. A decision has been made for each of the treatment and/or services that were in dispute:

- 1) MAXIMUS Federal Services, Inc. has determined the retrospective request for one (1) prescription of Neurontin 100mg #90 **is medically necessary and appropriate.**

### **Medical Qualifications of the Expert Reviewer:**

The independent Medical Doctor who made the decision has no affiliation with the employer, employee, providers or the claims administrator. The physician reviewer is Board Certified in Internal Medicine, and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The Expert Reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and treatments and/or services at issue.

### **Case Summary:**

Disclaimer: The following case summary was taken directly from the utilization review denial/modification dated July 14, 2013:

The patient is a 66 year old female with a date of injury of 8/1/2003. Under consideration is a retrospective request for 1 prescription of Neurontin 100mg #90.

### **Documents Reviewed for Determination:**

The following relevant documents received from the interested parties and the documents provided with the application were reviewed and considered. These documents included:

- Application for Independent Medical Review
- Utilization Review Determination from Claims Administrator
- Employee medical records from Claims Administrator
- Medical Treatment Utilization Schedule (MTUS)

### **1) Regarding the retrospective request for one (1) prescription of Neurontin 100mg #90:**

#### Medical Treatment Guideline(s) Relied Upon by the Expert Reviewer to Make His/Her Decision:

The Claims Administrator based its decision on the Chronic Pain Medical Treatment Guidelines (2009), anti-epilepsy drugs (AEDs), pg. 16-21 which is part of the California Medical Treatment Utilization Schedule (MTUS). The provider did not dispute the guidelines used by the Claims Administrator. The Expert Reviewer found the guidelines used by the Claims Administrator relevant and appropriate for the employee's clinical circumstance.

Rationale for the Decision:

The employee was injured on 8/1/2003 and has a history of neck, bilateral upper extremity pain and myofascial pain syndrome. The employee is status post right carpal tunnel surgical release with initial improvement but now with recurrence of right median neuropathic numbness and pain. The employee also has documented symptoms of cervical radiculopathy with pain and numbness radiating into bilateral upper extremities. The employee has already tried NSAIDs, physical therapy, acupuncture, hand splints, elbow sleeves and cervical traction without significant relief. The retrospective request is for one (1) prescription of Neurontin 100mg #90.

The MTUS Chronic Pain Medical Treatment Guidelines indicate the anti-epilepsy drugs (AEDs) such as Neurontin are recommended for neuropathic pain. This medication appears to be effective in reducing abnormal hypersensitivity to have anti-anxiety effects, and may be beneficial as a sleep aid. The employee has documented signs and symptoms consistent with neuropathic pain related to cervical radiculopathy and median neuropathic, and is currently on Neurontin with documented improvement in symptoms. The retrospective request for one (1) prescription of Neurontin 100mg #90 **is medically necessary and appropriate.**

**Effect of the Decision:**

The determination of MAXIMUS Federal Services and its physician reviewer is deemed to be the final determination of the Administrative Director, Division of Workers' Compensation. With respect to the medical necessity of the treatment in dispute, this determination is binding on all parties.

In accordance with California Labor Code Section 4610.6(h), a determination of the administrative director may be reviewed only if a verified appeal is filed with the appeals board for hearing and served on all interested parties within 30 days of the date of mailing of the determination to the employee or the employer. The determination of the administrative director shall be presumed to be correct and shall be set aside only upon proof by clear and convincing evidence of one or more of the grounds for appeal listed in Labor Code Section 4610.6(h)(1) through (5).

Sincerely;

Richard C. Weiss, MD, MPH, MMM, PMP  
Medical Director

cc: Department of Industrial Relations  
Division of Workers' Compensation  
1515 Clay Street, 18<sup>th</sup> Floor  
Oakland, CA 94612

/ldh

Disclaimer: MAXIMUS is providing an independent review service under contract with the California Department of Industrial Relations. MAXIMUS is not engaged in the practice of law or medicine. Decisions about the use or nonuse of health care services and treatments are the sole responsibility of the patient and the patient's physician. MAXIMUS is not liable for any consequences arising from these decisions.