

Appendix A (Mandatory)

Checklists:

Example: Hotel/Motel Operators' Risk Assessment Tool for Housekeepers' Tasks.
WorkCover. New South Wales. Publication WC 04562.

http://www.workcover.nsw.gov.au/formspublications/publications/Documents/hotel_motel_operators_risk_assesment_tool_for_housekeepers_4562.pdf
contact@workcover.nsw.gov.au

Poster:

Example: State Fund. Tips for Hotel Room Attendants.
<http://www.statefundca.com/safety/ErgoMatters/RoomAttendants.asp>

Handout:

Example: Working Safer and Easier for Janitors, Custodians and Housekeepers, 2005. Department of Industrial Relations.
p.23. Mopping, p.27. Scrubbing, p.28. Cleaning Tile Walls, p. 29. Making Beds, p. 30. Handling Soiled Linens, p. 31. High Dusting, p.32. Wiping and Dusting, p. 33 Taking Breaks.
www.dir.ca.gov/dosh/dosh_publications/janitors.pdf

Appendix B (Non-Mandatory)

(Additional)

Reference Materials for Job Hazard Analysis (JHA)

The following are examples of materials that can be used in performing JHA: identifying safe tools, work practices and equipment and training housekeeping employees (supervisory and non-supervisory) .

**OSHA Susan Harwood Training Grant Materials FY 2010: Ohio State University.
Ergonomic Resources for Housekeeping.**

Hotel Housekeepers: Practices to Improve Health & Safety using Ergonomics

Housekeeper Managers: Improving Housekeeping Work using Ergonomics (ppt)

Housekeepers: Practices to Improve Health & Safety using Ergonomics Handout

Housekeeper Managers: Improving Housekeeping Work using Ergonomics Handout

Personal de Limpieza de Cuartos: Métodos para Mejorar Salud y Seguridad por Ergonomía (ppt)

Personal de Limpieza de Habitaciones en Hoteles (pdf)/

https://www.osha.gov/dte/grant_materials/fy10/sh-20998-10.html

Ergonomics Study of Custodial, Housekeeping and Environmental Services Positions at University of California. May 2011. The UC System-wide Ergonomics Team.

<http://ucanr.org/sites/ucehs/files/97141.pdf>