

### How to dismiss your attorney

Complete this form if you no longer want to be represented by your attorney.

Complete the form. Follow the attached sample. Be sure to sign and date the form. If your attorney has taken your claim to the Workers' Compensation Appeals Board (WCAB), mail or deliver a copy of the form to the local district office where your case is filed.

If no case has been filed there is no need to submit a copy of the form with your local WCAB office.

Send a copy to the attorney you are dismissing and to all the parties.

Submit the following documents with your form filing in the order shown:

- ✓ [Document Cover Sheet](#)
- ✓ [Document Separator Sheet](#) (for Dismissal of Attorney)
- ✓ [Notice of Dismissal of Attorney](#)
- ✓ [Document Separator Sheet](#) (for Proof of Service By Mail)
- ✓ [Proof of Service By Mail](#)

Keep copies of your filings for your record.

All documents filed with the WCAB must include a document cover sheet and document separator sheet. Please see I&A guides 17 and 18 to learn how to complete these forms. In addition all forms must be typed or handwritten in block letters to insure legibility. Additional form instructions can be found on the EAMS OCR handbook at [http://www.dir.ca.gov/dwc/eams/SampleFiles/EAMS\\_OCR%20handbook.pdf](http://www.dir.ca.gov/dwc/eams/SampleFiles/EAMS_OCR%20handbook.pdf).

If you need help, call an [Information and Assistance \(I&A\) office](#), or attend a [workshop for injured workers](#). The local I&A phone numbers are attached to this guide. You can get information on a local workshop from the I&A office or on the Web at <https://www.dir.ca.gov/dwc>.

If you do not have the name and address of your insurance company to complete a form, please link to <http://www.dir.ca.gov/DWC/EAMS/EAMS-LC/EAMSClaimsAdmins.asp>.

## Information & Assistance Unit guide 15

The information contained in this guide is general in nature and is not intended as a substitute for legal advice. Changes in the law or the specific facts of your case may result in legal interpretations different than those present here.

When sending documents to a district office, please make sure they are not folded or stapled. Send them in a large manila envelope. Please see the EAMS OCR forms handbook for further instructions.

## WORKERS' COMPENSATION APPEALS BOARD DISTRICT OFFICES

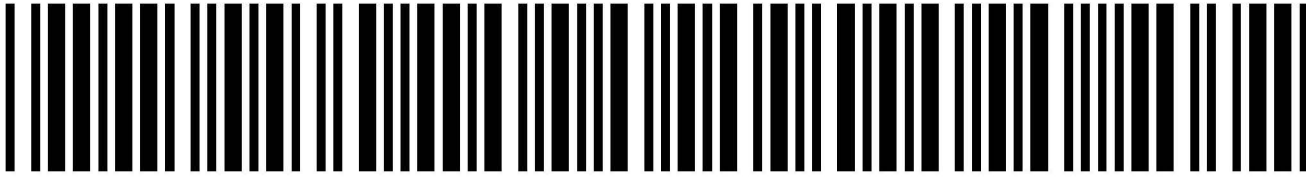
- **ANAHEIM, 92806-2131**  
1065 North Link, Suite 170  
Information & Assistance Unit **(714) 414-1801**
- **BAKERSFIELD, 93301-1929**  
1800 30th Street, Suite 100  
Information & Assistance Unit **(661) 395-2514**
- **FRESNO, 93721-2219**  
2550 Mariposa Street, Suite 4078  
Information & Assistance Unit **(559) 445-5355**
- **LODI, 95240-6936**  
3021 Reynolds Ranch Parkway, Suite 130  
Information & Assistance Unit **(209) 948-7759**
- **LONG BEACH, 90810-1870**  
1500 Hughes Way, Suite C203  
Information & Assistance Unit **(424) 450-2565**
- **LOS ANGELES, 90013-1105**  
320 W 4th Street, 9th Floor  
Information & Assistance Unit **(213) 576-7389**
- **MARINA DEL REY, 90292-6902**  
4720 Lincoln Boulevard, 2nd and 3rd Floors  
Information & Assistance Unit **(310) 482-3820**
- **OAKLAND, 94612-1499**  
1515 Clay Street, 6th Floor  
Information & Assistance Unit **(510) 622-2861**
- **OXNARD, 93030-7912**  
1901 N Rice Avenue, Suite 100  
Information & Assistance Unit **(805) 485-3528**
- **POMONA, 91768-1653**  
732 Corporate Center Drive  
Information & Assistance Unit **(909) 623-8568**
- **REDDING, 96002-0940**  
250 Hemsted Drive, 2nd Floor, Suite B  
Information & Assistance Unit **(530) 225-2047**
- **RIVERSIDE, 92501-3337**  
3737 Main Street, Suite 300  
Information & Assistance Unit **(951) 782-4347**
- **SACRAMENTO, 95834-2962**  
160 Promenade Circle, Suite 300  
Information & Assistance Unit **(916) 928-3158**
- **SALINAS, 93906-2204**  
1880 N Main Street, Suites 100 & 200  
Information & Assistance Unit **(831) 443-3058**
- **SAN BERNARDINO, 92401-1411**  
464 W Fourth Street, Suite 239  
Information & Assistance Unit **(909) 383-4522**
- **SAN DIEGO, 92108-4424**  
7575 Metropolitan Drive, Suite 202  
Information & Assistance Unit **(619) 767-2082**
- **SAN FRANCISCO, 94102-7014**  
455 Golden Gate Avenue, 2nd Floor  
Information & Assistance Unit **(415) 703-5020**
- **SAN JOSE, 95110-3718**  
224 Airport Parkway, Suite 600  
Information & Assistance Unit **(408) 277-1292**
- **SAN LUIS OBISPO, 93401-8736**  
4740 Allene Way, Suite 100  
Information & Assistance Unit **(805) 596-4159**
- **SANTA ANA, 92707-7704**  
2 MacArthur Place, Suite 600  
Information & Assistance Unit **(714) 942-7576**
- **SANTA BARBARA, 93101-7538**  
130 E Ortega Street  
Information & Assistance Unit **(805) 568-1390**
- **SANTA ROSA, 95404-4771**  
50 "D" Street, Suite 420  
Information & Assistance Unit **(707) 576-2452**
- **VAN NUYS, 91401-3370**  
6150 Van Nuys Boulevard, Suite 105  
Information & Assistance Unit **(818) 901-5374**



STATE OF CALIFORNIA  
DWC DISTRICT OFFICE

**SAMPLE**

DOCUMENT COVER SHEET



Is this a new case? Yes ☐ No ☐ Companion Cases Exist ☐ Walkthrough Yes ☐ No ☐

More than 15 Companion Cases ☐

**TODAY'S DATE**

Date:(MM/DD/YYYY)

SSN:

**YOUR SOCIAL  
SECURITY NUMBER**

**EAMS CASE NUMBER**

Case Number 1

☐ Specific Injury

**DATE OF INJURY**

☐ Cumulative Injury

(Start Date: MM/DD/YYYY)

(End Date: MM/DD/YYYY)

(If Specific Injury, use the start date as the specific date of injury)

**IF NEW CASE  
LEAVE BLANK**

Body Part 1:

**USE CODE FROM  
BODY PART CODE LIST --  
SEE PAGE 8**

Body Part 3:

Body Part 2:

Body Part 4:

Other Body Parts:

**WHEN MORE THAN 5 BODY PARTS USE BODY  
PART NUMBER 700 IN THIS FIELD**

**Please check unit to be filed on ( check only one box )**

☐ ADJ ☐ DEU ☐ SIF ☐ UEF ☐ SAU ☐ INT ☐ RSU

**Companion Cases**

☐ Specific Injury

Case Number 2

☐ Cumulative Injury

(Start Date: MM/DD/YYYY)

(End Date: MM/DD/YYYY)

(If Specific Injury, use the start date as the specific date of injury)

Body Part 1:

Body Part 3:

Body Part 2:

Body Part 4:

Other Body Parts:



## District office codes for place of venue

Legend Abbreviation	Office
AHM	Anaheim
ANA	Santa Ana
BAK	Bakersfield
FRE	Fresno
LAO	Los Angeles
LBO	Long Beach
LOD	Lodi
MDR	Marina del Rey
OAK	Oakland
OXN	Oxnard
POM	Pomona
RDG	Redding
RIV	Riverside
SAC	Sacramento
SAL	Salinas
SBA	Santa Barbara
SBR	San Bernardino
SDO	San Diego
SFO	San Francisco
SJO	San Jose
SLO	San Luis Obispo
SRO	Santa Rosa
VNO	Van Nuys

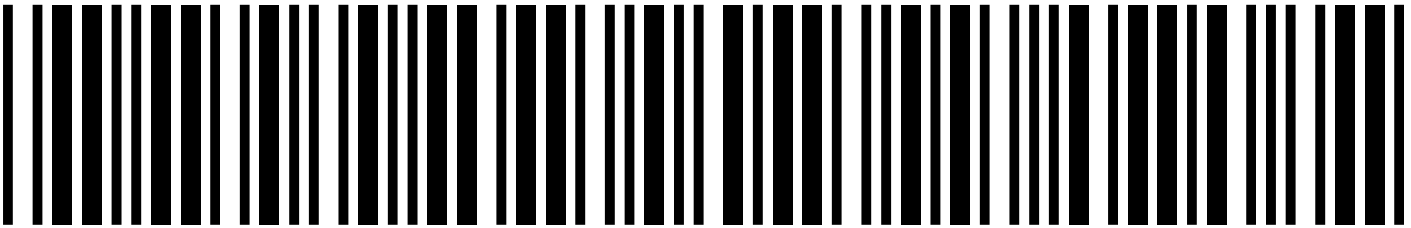
**Use this document to complete forms,  
but do not file this document with your forms.**

## BODY PART CODES LIST

Code Number	Description
100	Head - not specified
110	Brain
120	Ear - not specified
121	Ear - external
124	Ear - internal including hearing
130	Eye - including optic nerves and vision
140	Face - not specified
141	Jaw - including chin and mandible
144	Mouth - including lips, tongue, throat and taste
145	Teeth
146	Nose - including nasal passages, sinus and smell
148	Face - multiple parts any combination of above parts
149	Face - forehead, cheeks, eyelids
150	Scalp
160	Skull
198	Head - multiple injury any combination of above parts
200	Neck
300	Upper extremities - not specified
310	Arm - above wrist not specified
311	Arm - upper arm humerus
313	Arm - elbow head of radius
315	Arm - forearm radius and ulna
318	Arm - multiple parts any combination of above parts
319	Arm - not specified
320	Wrist
330	Hand - not wrist or fingers
340	Fingers
398	Upper extremities - multiple parts any combination of above parts
400	Trunk - not specified
410	Abdomen - including internal organs and groin
411	Hernia
420	Back - including back muscles, spine and spinal cord
430	Chest - including ribs, breast bone and internal organs of the chest
440	Hips - including pelvis, pelvic organs, tailbone, coccyx and buttocks
450	Shoulders - scapula and clavicle
498	Trunk - use for side; multiple parts any combination of above parts

Code Number	Description
500	Lower extremities - not specified
510	Legs - above ankles, not specified
511	Thigh femur
513	Knee Patella
515	Lower leg tibia and fibula
518	Leg - multiple parts any combination of above parts
519	Leg - not specified
520	Ankle malleolus
530	Foot not ankle or toe
540	Toes
598	Lower extremities - multiple parts any combination of above parts
700	Multiple parts more than five major parts use only in fifth position of listing of body parts
800	Body system - not specific
801	Circulatory system - heart - other than heart attack, blood, arteries, veins, etc.
802	Circulatory system - Heart attack
810	Digestive system - stomach
820	Excretory system - kidneys, bladder, intestines, etc.
830	Musculo-skeletal system - bones, joints, tendons, muscles, etc.
840	Nervous system - not specified
841	Nervous system - Stress
842	Nervous system - Psychiatric/psych
850	Respiratory system - lungs, trachea, etc.
860	Skin dermatitis, etc.
870	Reproductive systems
880	Other body systems
900	COVID-19
999	Unclassified - insufficient information to identify body parts

# DOCUMENT SEPARATOR SHEET



Product Delivery Unit

ADJ

Document Type

LEGAL DOCS

Document Title

DISMISSAL OF ATTORNEY

Document Date

DATE YOU FILLED OUT THE FORM

MM/DD/YYYY

Author

YOUR NAME

---

## Office Use Only

Received Date

MM/DD/YYYY



STATE OF CALIFORNIA  
Department of Industrial Relations  
Division of Workers' Compensation  
**WORKERS' COMPENSATION APPEALS BOARD**

**SAMPLE**

**YOUR NAME** ) Case No. **EAMS/WCAB**  
)  
)  
Applicant,) )  
)  
)  
**YOUR EMPLOYER AND** )  
**INSURANCE COMPANY** )  
)  
Defendants)

**Notice of  
Dismissal of Attorney**

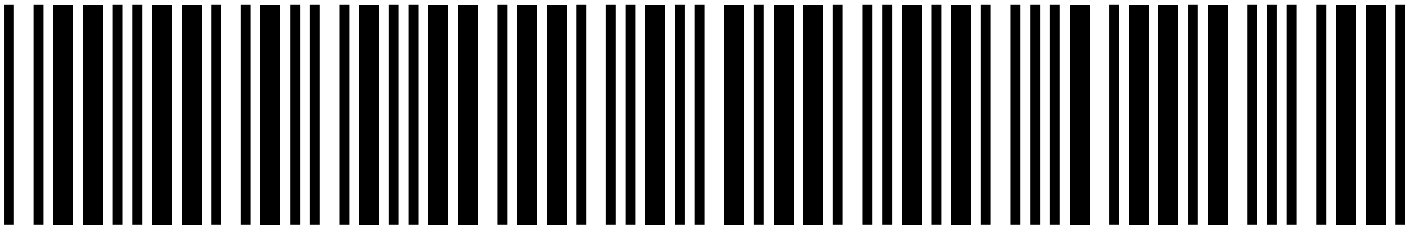
I, **YOUR NAME**, applicant in the above-entitled case, have heretofore been represented by **NAME OF YOUR ATTORNEY** as my attorney of record. I have dismissed said attorney and have no attorney whatsoever at the present time and wish to have future documents served upon me and not on my former attorney.

Copies of this notice  
were mailed to the following:

**YOUR ATTORNEY**  
**INSURANCE COMPANY**  
**WCAB**  
**OTHER PARTIES**  
on **DATE MAILED**  
(Date)

**YOUR SIGNATURE**  
(Applicant)  
**YOUR ADDRESS**  
(Address)

# DOCUMENT SEPARATOR SHEET



Product Delivery Unit

ADJ

Document Type

LEGAL DOCS

Document Title

PROOF OF SERVICE

Document Date

DATE YOU FILLED OUT THE FORM

MM/DD/YYYY

Author

YOUR NAME

---

## Office Use Only

Received Date

MM/DD/YYYY

***SAMPLE***

Proof of Service by Mail

I declare that:

I am (resident of / employed in) the county of YOUR COUNTY, California.

I am over the age of eighteen years, my (business / residence) address is:

PUT YOUR HOME ADDRESS HERE

On TODAY'S DATE, I served the attached NAME OF DOCUMENT  
on the parties listed below in said case, by placing a true copy thereof enclosed in  
a sealed envelope with postage thereon fully paid, in the United State mail at  
CITY WHERE YOU MAILED THIS addressed as follows:

- 1) WORKERS' COMPENSATION APPEALS BOARD: ADDRESS
- 2) INSURANCE COMPANY: NAME, ADDRESS AND CLAIM NUMBER
- 3) DEFENSE ATTORNEY (IF KNOWN): NAME AND ADDRESS
- 4) ALL OTHER PARTIES INVOLVED IN YOUR CASE: NAME AND ADDRESS

I declare under penalty of perjury under the laws of the State of California that the foregoing is true and correct, and that this declaration was executed on

(date) TODAY'S DATE, at CITY, California.

Type or print name PRINT YOUR NAME

Signature SIGN YOUR NAME