

DEPARTMENT OF INDUSTRIAL RELATIONS
**COMMISSION ON HEALTH AND SAFETY AND
WORKERS' COMPENSATION**

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September 20, 2018

Timothy S. Grayson, Assembly Member
14th District
P.O. Box 942849
Sacramento, CA 94249-0014

Dear Assembly Member Grayson,

In response to your letter of May 17, 2017, the Commission on Health and Safety and Workers' Compensation (CHSWC) conducted a review of the behavioral health treatment and services available to first responders. The requested study required compiling the necessary data to evaluate the current treatment outcomes and guide the qualitative review of programs available and options to address this important and timely issue.

The Commission voted to authorize your request at our May 25, 2017 CHSWC meeting. CHSWC staff conducted the study in consultation with the Department of Industrial Relations.

In fulfillment of your request, the enclosed issue brief provides a background summary of current peer-reviewed literature, details the current medical guidance for treatment, analyzes the workers' compensation claims data, examines existing treatment models for consideration, and discusses trends and distinctions in other states' legislation on the topic.

We appreciate the opportunity to respond to this request.

Sincerely,

Eduardo Enz
Executive Officer
Commission on Health and Safety and Workers; Compensation

cc: Angie Wei, Chair, CHSWC
Commissioners, CHSWC