

COVID-19 Remote and In-Person Office Operations

The Occupational Safety and Health Appeals Board is committed to providing the best service possible while protecting the safety and health of our team members and the public we serve.

IMPORTANT: Please follow all COVID-19 prevention measures when visiting the offices of the Appeals Board.

General COVID-19 Prevention Measures:

USE OF FACE COVERINGS

All members of the public must wear a face covering while indoors regardless of vaccination status, unless they meet [California Department of Public Health \(CDPH\) mask exemption requirements](#).

COVID-19 SYMPTOMS

If you are experiencing COVID-19-like symptoms or if you have been exposed or have been potentially exposed to COVID-19, and are under either quarantine or isolation orders, or awaiting COVID-19 test results, please do not appear in person.

COVID-19 symptoms include:

1. Cough
2. Shortness of breath or difficulty breathing
3. Fatigue
4. Sore throat
5. Headache
6. Fever
7. Chills
8. Muscle or body ache
9. New loss of taste or smell
10. Congestion or runny nose
11. Nausea or vomiting
12. Diarrhea

If you experience any of the above-mentioned symptoms on the day of your scheduled appearance, or 24 hours before, or if you have been exposed or have been potentially exposed to COVID-19 and are either under isolation/quarantine orders or awaiting COVID-19 test results, you are asked to avoid entering Appeals Board offices. Please contact our Appeals Board office hearing location to arrange to participate remotely or to request a continuance. Support staff at the Sacramento office can be reached at (916) 274-5751, and at the West Covina office at (626) 332-1145.

California is issuing [regular updates on COVID-19](#), including [Coronavirus resources for California employers and workers](#) compiled by the Labor & Workforce Development Agency.